

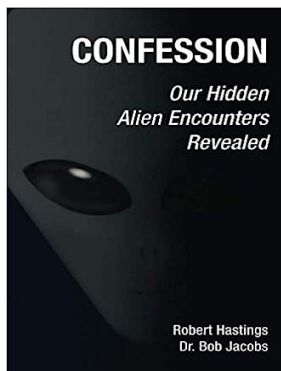
BOOK REVIEW

Confession: Our Hidden Alien Encounters Revealed

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Two perspectives: objective and subjective, describe all human experience. And as is true for all human experience, objective and subjective perspectives complement and enrich each other. *Confession*, by Robert Hastings and Dr. Bob Jacobs, is a book containing mostly subjective accounts by each author about the involuntary and continuous interactions with extraterrestrials (ETs) that they have endured following their direct encounters with, and their objective written reports about, extraterrestrial vehicles (ETVs.) During the course of their lives, they reported these encounters either to the public (Hastings) or to the U.S. Government (Jacobs). What they are now reporting to all of us in *Confession* are their continuing interactions with people who apparently work for the U.S. government – and their continuing interactions with ETs.

Hasting and Jacobs tell us stories about their own lives and about the social and political environment that surrounded and educated them as they grew from youth to maturity. The stories include events that suggest a generational continuity of ET contact within families and also include narratives of continuous and unwelcome intrusion into the authors' daily lives – often at night – which have prevented both authors from experiencing what most of us would call a “normal life.” A normal life may include obstacles, difficulties, and pain – we all experience those. But Hastings' and Jacobs' lives have been and still are unpredictably interrupted by events over which they have no control, and that manipulate them in ways that human technology cannot explain. They sometimes remember these events with difficulty, but they also sometimes awaken in the middle of the night with partial memories of ET intrusions during sleep.

The events described in *Confession* take place mostly during the Cold War between the West and the Soviet Union, during which nuclear weapons, first used against Japan at the end of World War 2, were tested and deployed across the United States. Robert Hastings' *UFOs and Nukes: Extraordinary Encounters at Nuclear Weapons Sites* (Authorhouse, 2008) is an objective and detailed account of ET interference with the function of American intercontinental ballistic missiles (ICBMs) that are stored, ready for use, in underground missile silos located across the United States. Dr. Bob Jacobs was working as a film technician for the U.S. government in 1964 when he saw and recorded an ETV shoot down a dummy nuclear warhead that had been launched over the Pacific Ocean from Vandenberg Air Force Base in California. Jacobs reports the objective details of this event as well as the government's efforts to suppress it. Both authors fill *Confession* with narratives of their own subjective encounters with ETs.

Confession's narrative also recognizes the rapidly changing public attitudes about “UFOs” that began most noticeably on December 16, 2017, when the New York Times front-page story: *Glowing Auras and 'Black Money': The Pentagon's Mysterious UFO Program* (by Helene Cooper, Ralph Blumenthal and Leslie Kean) signaled the moment



when “respectable” journalism caught up with the reality of events that scores of other people had been reporting – and, like Hastings and Jacobs, subjectively experiencing – for decades.

I am a retired university professor whose research specialty (that I practice as an ergonomics consultant) is the study of human visual perception and memory. In the mid-1960s, the increasing number of visual and radar reports of “UFOs” led me to take a professional interest in the observed and remembered “UFO evidence” as well as in the scornful and fearful rejection of this evidence by the scientific community. I have written two books that describe and discuss the objective reality of the ET presence, the intrusive interaction of ETs with humans, and the social, political, and scientific reaction to the ET evidence. Something that I cannot do, based on my own experience, is to describe the subjective and personal ef-

fect of continuous, involuntary interference with human lives by extraterrestrials.

This is exactly what Hastings and Jacobs have done. *Confession* presents the subjective and personal experiences of Robert Hastings and Bob Jacobs in narratives that every reader will find emotionally disturbing. Years of reported objective evidence tell us that their subjective narratives are true. Their personal experiences describe a subjective and objective reality that too few of us are ready to acknowledge, to accept, and to confront.

REFERENCES

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