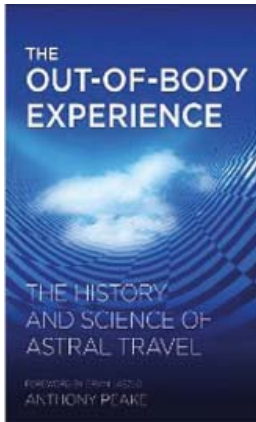


Further Books of Note

The Out-of-Body Experience: The History and Science of Astral Travel by Anthony Peake. Watkins, 2011. 240 pp. \$14.95. ISBN 9781780280219.



In *The Out-of-Body Experience*, Anthony Peake provides a history of astral travel with a focus on Bob Monroe's documented experiences. He includes remote viewing, near-death experiences, lucid dreaming, and other psychic phenomenon as closely related to the classic OBE (out-of-body experience). Most fascinating is Peake's theory on how to explain astral travel scientifically. He considers several models of physics combined with more recent studies in consciousness and neuroscience to extrapolate an intriguing look at how our perceptions merge with so-called reality.

SKIP ATWATER

The Righteous Mind: Why Good People Are Divided by Politics and Religion by Jonathan Haidt. Pantheon, 2012. 419 pp. \$28.95 (hardcover). ISBN 9780307377906.

This book has had much favorable publicity, including author interviews on radio and TV. Those snippets indicated that anomalists might derive useful understanding from the book, seeing as we're divided from mainstream science by something like ingrained ideologies. But I found the book immensely disappointing, for after 300+ pages, the conclusions amount to this:

- We are heavily influenced by gut feelings—hardly a revelation; I was nurtured intellectually on Freud's scenario of interactions between id, ego, and superego, and the general idea of conscious and unconscious or subconscious minds.